

November 2022



Online Safety and Safeguarding Newsletter

Dear Parents/Carers

I hope you find these Safeguarding and Cyber Security Bulletins useful. Whilst not everything in here may apply to your child at this moment in time, having a knowledge of what is happening in the cyber world will ensure you are kept up to date with the online world that our children inhabit.

TikTok raises live streaming age

This link shows you how to put in place parental controls and safety settings on your child's devices if they are accessing TikTok:

<https://www.internetmatters.org/parental-controls/social-media/tiktok-privacy-and-safety-settings/>

Free digital parenting guide from Vodafone

This covers all aspects of phone ownership from early years to secondary school. It also supports families to help keep young people safe and advises how to get the best out of their phone safely:

https://www.vodafone.co.uk/cs/groups/public/documents/document/vodafone_digital_parenting.pdf

What is Cybertrauma?

This discusses the uncomfortable, darker side of internet use and the trauma that can be suffered as a result of using social media and the internet. A good, quick read which highlights some of the dangers to be aware of:

<https://www.pesi.co.uk/blog/2022/november/what-is-cybertrauma>

Amazing games guide

The Christmas holidays are looming and making the decision of which games to buy and balancing that with keeping children safe can be a minefield. This is a really good, short guide on what is out there and how you can instil good gaming habits, especially if this is their first games console:

<https://www.internetmatters.org/resources/online-gaming-advice/amazing-video-games-guide-for-families/>

Wishing you all a happy and safe November. I will write again in December to highlight any new information concerning safety online and safeguarding that may come my way during the next month.

Yours faithfully

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