



#WakeUpWednesday

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# What Parents and Carers Need to Know about Five Nights at Freddy's

**What Parents & Carers Need to Know about FIVE NIGHTS AT FREDDY'S**

**WHAT ARE THE RISKS?**

- FRIGHTENING THEMES:** The Five Nights at Freddy's (FNaF) franchise has become a household name, but its horror themes, which may be too intense for young children, have led to reports of anxiety and nightmares. Some parents have reported that their children have had bad dreams or nightmares after playing the games.
- STRESSFUL SITUATIONS:** Due to FNaF's reputation for being scary, it can be a stressful experience for some children. Some parents have reported that their children have become anxious or stressed after playing the games.
- IN-GAME SPENDING:** FNaF doesn't have in-game purchases, but it does have a 'HELP WANTED' feature that allows players to purchase additional in-game items. This can lead to in-game spending, which can be a concern for parents.
- AGE-INAPPROPRIATE CONTENT:** FNaF is rated PEGI 12 for 'disturbing content, mild gore, and horror themes'. This means it is not suitable for children under the age of 12.
- PLAYING IN ISOLATION:** Many parents will be relieved to know that FNaF is a single-player game. However, some children may play the game in isolation, which can be a concern for parents.

**Advice for Parents & Carers**

- USE PARENTAL CONTROLS:** FNaF is available on multiple platforms, so it's important to use parental controls to restrict access to the game.
- TRY IT YOURSELF:** Before allowing your child to play FNaF, it's a good idea to try the game yourself to see if it's suitable for your child.
- LIMIT SPENDING:** FNaF has a 'HELP WANTED' feature that allows players to purchase additional in-game items. This can lead to in-game spending, which can be a concern for parents.
- SPOT THE SIGNS:** If you've assessed that your child might be spending too much time on FNaF, it's important to spot the signs of excessive gaming.
- TALK ABOUT THE RISKS:** Before your child plays FNaF, it's important to talk to them about the risks of the game.

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Are you ready for Freddy? 🦉🔊 To chime with Hallowe'en, this week sees the release of a cinematic adaptation of Five Night's at Freddy's (FNaF) – a suspenseful series of horror games which, despite their 12+ age rating, have gained significant popularity with younger children.

With one gaming journalist describing the franchise's original entry as "hands down ... the most terrifying game I have played in my life", FNaF blends an unsettling atmosphere with jump scares and creepy characters. Read our #WakeUpWednesday guide to find out more ... if you dare!

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